



# Simply Sweet Smoothies

**Original Creations**  
20 oz \$7.99 | 16 oz \$6.99  
Kid's 9 oz \$3.99

## Make Your Own

Mix any fruits with juice or plant milk.  
Add-ons extra charge.

## Green Machine

Banana, peach, mango, pineapple, mega greens juice.

## Kitchen Sink

Strawberry, blueberry, blackberry, mega greens juice.

## Blueberry Yum

Banana, blueberry, blackberry, apple juice.

## Happy Day

Banana, strawberry, orange juice.

## Stomach Soother

Banana, peach, papaya juice, mega greens juice.

## Tongue Tingler

Banana, strawberry, raspberry, apple juice OR orange juice.

## Grape Ape

Mango, pineapple, concord grape juice.

## Blue Peaches

Banana, peach, blueberry, peach nectar.

Split cup charge for any drink 16 oz or larger 10 ¢

**Specialty Smoothies**  
20 oz \$8.99 | 16 oz \$7.99

## Sumthing Good

Cherry, strawberry, beet powder, apple juice.

## Tropical Breeze

Banana, mango, pineapple, coconut oil, mango nectar, pineapple juice.

## Secret Garden

Mango, pineapple, spinach, kale, green superfood powder, mega greens juice.

## Banango Blast

Banana, mango, flax meal, chia seed, unsweetened almond milk, protein of choice.

## Frozen Elvis

Banana, plant-based yogurt, nut butter of choice, banana milk, chocolate whey.

## CB Punch

Banana, house-ground cashew butter, chocolate almond milk, chocolate whey protein.

**Super Specialty Smoothies**  
20 oz \$10.99 | 16 oz \$8.99

## Chocolate Acai Warrior

Banana, strawberry, blueberry, acai, chia seeds, peach nectar, chocolate whey.

## Mt. St. Helens

Strawberry, blueberry, house-ground cashew butter, beet powder, chocolate almond milk, unsweetened almond milk, chocolate whey.

## Miss Maci (\$11.99 20 oz / \$9.99 16 oz)

Raspberry, blueberry, strawberry, cherry, acai, house-ground almond butter, chocolate almond milk, chocolate whey.

Most of our ingredients are organic whenever possible. This may vary depending on availability. **Our products are made in a facility that uses peanuts and other nut products. Please advise us of any allergies when ordering and we will be happy to accommodate you.**

# Additions

## Boosters

Prices vary

- Organic Beet Powder (+.50¢)
- Organic Chia Seeds (+.50¢)
- Organic Coconut Oil (+.50¢)
- Organic Flax Meal (+.25¢)
- Organic Ginger Powder (+.50¢)
- Organic Goji Berries (+\$1.00)
- Organic Hemp Seeds (+.75¢)
- Cell Food (+.50¢)
- B-12 (+.50¢)
- Organic Turmeric (+.50¢)
- Wheatgrass Powder (+.50¢)
- Nut Butter (cashew, peanut, or almond) (+.75¢)
- Vitamin C (+.25¢)
- Prebiotic Powder (+.25¢)
- Macro Greens Superfood Powder (+\$2)
- Miracle Reds Superfood Powder (+\$2)
- Organic Mushroom Powder (+\$1.50)

## Proteins

Prices vary

- Vanilla Whey (+\$1.75)
- Chocolate Whey (+\$1.75)
- Unflavored Whey (+\$2)
- Grass-Fed Collagen (+\$1.25)
- Unflavored Pea Protein (+\$1.50)
- Plant-Based Chocolate (vegan) (+\$2)
- Plant-Based Vanilla (vegan) (+\$2)

## Liquid Gold Immune Boost Shot (seasonal) 2 oz \$3.50

Water, orange juice, lemon juice, apple cider vinegar, local honey, ginger, turmeric, cayenne, cinnamon, black pepper. This can be taken on its own or added to a smoothie.

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