



Simply Sweet Smoothies

Original Creations
20 oz \$6.99 / 16 oz \$4.99
Kid's 8 oz \$2.99

Specialty Smoothies
20 oz \$7.99 / 16 oz \$5.99

Make Your Own

Mix any fruits with juice or plant milk.
Add-ons extra charge.

Green Machine

Banana, peach, mango, pineapple, mega greens juice.

Kitchen Sink

Strawberry, blueberry, blackberry, mega greens juice.

Blueberry Yum

Banana, blueberry, blackberry, apple juice.

Happy Day

Banana, strawberry, orange juice.

Stomach Soother

Banana, peach, papaya juice, mega greens juice.

Tongue Tingler

Banana, strawberry, raspberry, apple juice OR orange juice.

Grape Ape

Mango, pineapple, concord grape juice.

Blue Peaches

Banana, peach, blueberry, peach nectar.

Sumthing Good

Cherry, strawberry, beet powder, apple juice.

Tropical Breeze

Banana, mango, pineapple, coconut oil, mango nectar, pineapple juice.

Secret Garden

Mango, pineapple, spinach, kale, green superfood powder, mega greens juice.

Super Specialty Smoothies
20 oz \$9.99 / 16 oz \$7.99

Chocolate Acai Warrior

Banana, strawberry, blueberry, acai, chia seeds, peach nectar, chocolate whey.

Miss Maci

Raspberry, blueberry, strawberry, cherry, acai, house-ground almond butter, chocolate almond milk, chocolate whey.

Mt. St. Helens

Strawberry, blueberry, house-ground cashew butter, beet powder, chocolate almond milk, unsweetened almond milk, "Skinny Fast" chocolate whey.

Banango Blast

Banana, mango, flax meal, chia seed, unsweetened almond milk, protein of choice.

Frozen Elvis

Banana, yogurt, nut butter of choice, banana milk (contains gluten), chocolate whey.

CB Punch

Banana, house-ground cashew butter, chocolate almond milk, "Skinny Fast" chocolate whey protein.

Most of our ingredients are organic whenever possible. This may vary depending on availability. **Our products are made in a facility that uses peanuts and other nut products. Please advise us of any allergies when ordering and we will be happy to accommodate you.**

Additions

Boosters \$0.50

Grass-Fed Collagen
Organic Beet Powder
Organic Chia Seeds
Organic Coconut Oil
Organic Flax Meal
Organic Ginger Powder
Organic Goji Berries
Organic Matcha
Organic Cayenne
Spirulina
Organic Hemp Seeds
Cell Food
B-12
Organic Turmeric
Wheatgrass Powder
Vitamin C (\$0.25 only)
Macro Greens Superfood Powder (\$1.50)
Miracle Reds Superfood Powder (\$1.50)

Proteins \$1.50

Vanilla Whey
Unflavored Whey
“Skinny Fast” Chocolate Whey
Unflavored Pea Protein
Plant-Based Unflavored Protein with
Fiber

\$2.00

Grass-Fed Vanilla Whey
Grass-Fed Chocolate Whey
Organic Vegan Vanilla
Organic Vegan Chocolate

Liquid Gold Immune Boost Shot (seasonal) 2 oz \$3.50

Water, orange juice, lemon juice, apple
cider vinegar, local honey, ginger,
turmeric, cayenne, cinnamon, black
pepper. This can be taken on its own or
added to a smoothie.

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